

**2023 ALMA HIGHLAND FESTIVAL AND GAMES  
HEAVYWEIGHT ATHLETIC COMPETITION ENTRY FORM**

Print Name \_\_\_\_\_ Email \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_

State/Province \_\_\_\_\_ Postal Code \_\_\_\_\_ T-shirt size (men's sizes) \_\_\_\_\_

! am applying to compete in the Heavyweight Athletic Competition at the 54th Annual Alma Highland Festival and Games in the following category

\_\_\_\_ Men's Professional –Open. Saturday, May 27, 2023

\_\_\_\_ Men's Masters (Minimum age 45 years) Saturday, May 27, 2023

\_\_\_\_ Women's – Open. Saturday, May 27, 2023

\_\_\_\_ Men's Amateur – Open. Sunday, May 28, 2023

\_\_\_\_ Men's Amateur Masters (Minimum age 45 years) – Open. Sunday, May 28, 2023

In consideration of acceptance of my entry in the Heavy Events at the Alma Highland Festival and Games, I hereby, for myself, my heirs, editors and administrators, waive and release any and all rights and claims I may have for damages against Alma Highland Festival, Inc, their agents or representatives, for any injuries which may be suffered by me in competition or while on the grounds during the games.

I affirm that I have never taken steroids, and will never do so as long as I compete in the meetings of the North American Scottish Games Association. I understand that if it is ever determined that an athlete has taken anabolic steroids, all NASGA and Games records set by that athlete will be forfeited.

\*If applying for the amateur competition, I certify that I have never received prize money for competing in Scottish Heavyweight Athletics Events.

The field judge will have the final word in the interpretation of the recommendations and rules of the North American Scottish Games Association, and may disqualify any athlete whose performance or lack of ability is likely to endanger the safety of spectators, officials, or competitors, including themselves. Failure to follow the field judges or athletic director's decision will result in disqualification and forfeiture of prize money, if applicable, and may result in not being invited to compete at the Alma Highland Games in the future.

Date \_\_\_\_\_ Signature \_\_\_\_\_

**Return to: Matt Goodburne  
819 N. Sherman St  
Bay City, Mi. 48708**

**or Email : [almascottishgames@gmail.com](mailto:almascottishgames@gmail.com)**

